

BRENHAM FOOTBALL WEEKLY SCHEDULE

September 25th-September 30th

Monday 9/25

9th

6:00 AM Doors Open-Kruse
6:30 AM Weights
7:05 AM Done-Go to Breakfast/Tutorials
7:40 AM First Period Begins
11:25 AM Dressed and on Field
12:14 PM Lunch

JV/V

3:30-5:30 PM Practice
5:30 AM Doors Open-Cub Stadium
5:50 AM Dynamic Stretch
6:00-8:00 AM Practice
8:33 AM Second Period Begins
3:30 PM O-Film/D-Weights
4:05 PM Flip
4:45 PM Done

Tuesday 9/26

9th

6:00 AM Doors Open-Kruse
6:30 AM Weights
7:05 AM Done-Go to Breakfast/Tutorials
7:40 AM First Period Begins
11:25 AM Dressed and on Field
12:14 PM Lunch

JV/V

3:30-5:30 PM Practice
5:30 AM Doors Open-Cub Stadium
5:50 AM Dynamic Stretch
6:00-8:00 AM Practice
8:33 AM Second Period Begins
3:30 PM V-Weights/JV-Study Hall
4:05 PM V-Film/JV-Weights
4:45 PM Done

Wednesday 9/27

9th

6:00 AM Doors Open-Kruse
6:30 AM Weights
7:05 AM Done-Go to Breakfast/Tutorials
7:40 AM First Period Begins
11:25 AM Dressed and on Field
12:14 PM Lunch

JV/V

3:30-5:30 PM Practice
5:30 AM Doors Open-Cub Stadium
5:50 AM Dynamic Stretch
6:00-8:00 AM Practice

8:33 AM	Second Period Begins
3:30 PM	V-Study Hall/JV-Weights
4:05 PM	V-Weights/JV-Done
4:45 PM	Done

Thursday 9/28

9th

7:40 AM	First Period Begins
5th Period	Pass Out Equipment

White

Get out of Class after 7th Period

3:00 PM	Leave for Randle HS
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5:00 PM	Game ve Randle HS @ Randle HS
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Return to Kruse after game

Green

Report to Kruse immediately after school

3:45 PM	Leave for Randle HS
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6:30 PM	Game vs Randle HS @ Randle HS
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JV

7:30 AM	Report to Cub Stadium
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8:30 AM	Second Period Begins
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4:00 PM	Report to Cub Stadium
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5:00 PM	Game vs Randle HS @ Cub Stadium
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V

6:50 AM	Dynamic Stretch
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7:00 AM	Kick the Field-Cub Stadium
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3:30 PM	Weights
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Friday 9/29

9th

7:40 AM	First Period Begins
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5th Period	Film/Weights
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JV

7:30 AM	Report to Cub Stadium
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8:33 AM	Second Period Begins
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V

7:30 AM	Report to Cub Stadium
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8:33 AM	Second Period Begins
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Get out of Class after 7th Period

2:40 PM	In Cub Stadium
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2:45 PM	Team Meal
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3:30 PM	Busses Leave
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7:30 PM	Game vs Randle HS @ Traylor Stadium
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Saturday 9/30

V

9:45 AM	Report to Cub Stadium
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10:00 AM	Penalty Runs
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10:30 AM	Special Teams
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11:00 AM	Film
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